

PACKING LIST

Weather in Colorado is ever-changing and unpredictable. The summer can be as warm as 80-90 degrees or as cold as 20-30 degrees. Versatile and practical clothing is a must, whether you are around Eagle Lake or on a high alpine snow field! Below is a list of equipment that you will need/want to bring. Many of the items listed can be purchased at a discount through our Pro-Deals. Call (719) 272-7454 or email grant.soderstrom@navigator.org with any questions.

- Backpack (internal frame; 80 liters or more)
- Mummy sleeping bag (synthetic or down, rated from 0-20 degrees) with stuff sack
- Outdoor type day pack (30-40 liters) - (please no school style backpacks)
- Quality waterproof rain pants and jacket with hood
- Fleece jacket or other synthetic warm upper body wear
- 6 t-shirts
- 1-2 pairs of hiking shorts
- 1 pair athletic shorts
- 2-3 long sleeved shirts, ranging from lightweight to heavyweight/thick (wool, fleece, synthetic blend)
- 2-3 pairs of hiking pants (i.e. rip-stop nylon)
- Light-weight belt
- 1-2 pairs of long underwear (light to medium weight)
- 6 pairs of underwear (suggestion: anti-microbial type)
- 6 pairs of merino wool or synthetic blend socks
- 1 pair running shoes
- 1 pair of old laced tennis shoes that can get ruined
- 1 pair high quality hiking boots (durable, waterproof, breathable, ankle & plate/shank support)
- Closed toed sandal with heel strap (i.e. Keens or Tevas)
- Casual outfit(s) for time off
- Cold weather hat
- Lightweight gloves
- Swimming suit (females - one piece only)
- Sunglasses
- Sunscreen
- Chapstick
- Sun hat
- Bath towel
- Toiletries
- Backpacker's bowl and cup (polycarbonate, titanium, or silicone)
- Eating utensils ("spork" recommended)
- Small Bible (complete), small notebook, pens/pencils
- Head lamp (extra batteries)
- Pocket knife with can opener or lightweight multi-tool
- 2-3 (32 ounce) high quality water bottles (i.e. Nalgene or HydroFlask)
- Sleeping pad (self-inflating, foam, or outdoor quality air tube types)
- Simple base plate compass (i.e. Silvia or Sunto)
- 1-2 outfits for banquet nights
- 2-3 bandanas