Intentional Spiritual Conversations

Notes

1. Good Questions (build relationship)

- How are you doing (spiritually, emotionally, relationally, in school, health-wise, etc.?)
- How is _____ going (school, family stuff, camp)?
- What's been the best part of the week so far? The worst? Why?
- Determine their needs and spiritual maturity based on their answers.

2. The Bible

- Speak into their needs using God's Word, not yours.
- Ask, "how are your quiet times going?" Discuss what they are learning OR teach them how to have a quiet time OR do an inductive Bible study.
- Based on what they've shared, suggest a relevant encouraging/equipping verse and discuss it.
- Either have them read/study a passage ahead of time or come with a passage to read together; discuss it.

3. Prayer

- Ask if you can pray for them while together; pray over felt and observed needs. Felt needs are what they've shared or asked you to pray for. Observed needs are what you've observed they need prayer for or sense the Holy Spirit is promting you to pray. Ask if they'd like to pray too, but don't force them.
- Pray through a Psalm together (start: Psalm 16, 23, 27, 139)
- If they want to grow in prayer, read through and discuss Biblical prayers; use them as models while praying together.

Asking Good Questions

What makes a good question?

1. A good question rarely has a straightforward, black and white answer (ex.: try to avoid yes/no questions).
2. A good question in a discipleship relationship invites honesty and vulnerability.
3. A good question in a discipleship relationship challenges one to think past the obvious and dig into deeper spiritual issues.

What are some good questions?

What was the happiest/saddest moment you've ever had (or had this year)?

Spiritual Segue Idea (SSI): What do you do when you feel negative emotions (like sadness or disappointment)? Did you know God is a God of redemption (a God that saves and heals) (Read/discuss Psalm 103, Isaiah 61:1-3, Romans 9:33, and/or 1 John 2:28, possibly share your own story)? What about your "happy" emotions? What's the difference between happiness and joy, and why might it be important to differentiate (Read/discuss Psalm 28:7, 34:5, Romans 15:13, John 15:11)?

What is your family like?

SSI: Do you think how you view your family affects the way you see God as Father? Is it easy for you to think of God as a good Father? What are your thoughts on what the Bible says about our identity as a son/daughter of God (Read/discuss Psalm 68:5-6, Matthew 6:25-32, Luke 11:13, 1 John 3:1)?

When have you felt the most loved in your life?

SSI: Have you ever felt loved by God? If so, when? If not, what would you need to experience to know that God loves you (Read/discuss Isaiah 43:1-4, Zephaniah 3:17, Romans 8:31-39, 1 John 4:7-19, share your own story and/or favorite verses on this topic)? This will also give you a hint about their love language.

Notes

Eagle Lake Camps
PO Box 6819
Colorado Springs, CO 80934